

Seagofest

1st Annual 5K Run/Walk

All Proceeds Benefit Seagoville Chamber of Commerce

Location: Bruce Park

Date: Oct. 1st, 2011

Registration Begins @ 8am

Awards for 1st, 2nd, 3rd Place!

Race Begins @ 9am

FREE T-shirts for Everyone!

Online Registration: www.gitfitseagoville.com/22201.html

You can register at *GIT FIT* located at 129B Hall Street or "The Day of the Race"



GIT FIT

ENTRY FORM *Make checks payable to Git Fit.**

Name: _____ Age: ____ Sex: ____

Address: _____ DOB: ____ / ____ / ____
month day year

City: _____ State: _____ ZIP: _____

Phone: (____) ____ - ____ E-mail: _____

Fee: \$25 Shirt size: S / M / L / XL

Waiver: Registration/Waiver Form MUST be completely filled out and signed by ALL participants.

I, _____ (name of the participant) know that running/walking a road/trail race is a potentially hazardous activity, which could cause injury or death. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of the official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running/walking in this event, including, but not limited to, falls, contacts with other participants, the effects of the weather, and conditions of the trails/roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my registration into this running/walking event, I, for myself and anyone entitled to act on my behalf, waive and release Seagoville Chamber of Commerce, Git Fit, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings, videos or any other recording of this event for legitimate purpose. I understand that bicycles, skate boards, roller skates or inline skates are not allowed in this event and I will abide by this rule.

Signature: _____ Date: ____ / ____ / ____
(Parent or guardians signature if under 18) month day year